A Model for Expanding Marriage Education in Israel

By Susan Barth
Founder, Israeli Amuta Together in
Happiness/B'Yachad B'Osher

INTRODUCTION

Israeli society has long been characterized by stable communities anchored by families in which parents live in harmony, and their children reap the benefits of growing up in a stable family. But there are increasing signs of discord, with potentially devastating impact throughout many components of society. Increasing divorce rates are correlated with financial problems, decreased health and an increase in emotional and physical problems in children who experience divorce. All of these issues have a significant impact on personal and public resources, both local and national. This white paper, one of a series of four, excerpted from a 45-page document entitled The Case for Marriage Education, will explore the potential of Marriage Education as a means for strengthening families in Israel.

What causes divorce?

Divorce is painful for the couple and their children and negatively impacts business, community stability and economic growth. It often has multi-generational impact, influencing children into their adult lives, including their future relationships and economic success. A high level of divorce is, of course, not in keeping with the Jewish value of strong family.

Because we believe that the evidence is so clear regarding the escalating divorce rate, we have an important opportunity and obligation as a society to take preventative measures to address the issue with full intentionality.

In the words of Prof. Howard J. Markman, developer of PREP (refer to section on PREP):

"Relationships matter. In fact, our professional and personal interactions are vital to the overall satisfaction in our lives. Yet despite the fact that we all learn life skills from a teacher— we learned to read, learned to cook, even learned to ride a bike with the help of a teacher—when it comes to loving relationships, we just assume we'll know what to do."

"The truth is that most of what goes wrong in our significant relationships has to do with never having learned the skills and principles associated with successful relationships. Ultimately, when our relationships are healthy, we are more productive, more satisfied in all areas of life."

In a series of studies, Markman cited the findings showing the following reasons for divorce and the corresponding percentages:¹

- Domestic violence 13.5%
- Little or no marriage prep 15.4%
- Drug and alcohol abuse 39.2%
- Financial problems 40.4%
- Married too young 42.9%
- Too much conflict (arguing and fighting) 51.9%
- Infidelity 57.7%
- Lack of commitment 76.9%

¹ Howard J. Markman, from presentation for the Knesset Seminar on Pre-Marriage Education, November 8, 2017.

THE POTENTIAL OF MARRIAGE EDUCATION

The good news about the disintegration of marriage in contemporary society is that it is not a decree from heaven. Rather, it is both preventable and relatively easy to change. The Marriage Education movement, virtually unknown in Israel, works to counteract these alarming, painful and expensive statistics by helping to stabilize marriages and families and prevent divorce.²

Because prevention is always less expensive and simpler than a cure, we believe it makes tremendous sense for the State of Israel to invest lesser sums in preventing divorce and the devastation that results from it, rather than investing in pulling single-parent households out of poverty.

Marriage Education programs are relatively inexpensive and easy to implement, especially because the infrastructure for Marriage Education already exists in Israel. Many agencies have goals that align with this work and there is a general consensus in society about the importance of happy families.

Additionally, Marriage Education taps into the deepest intentions which couples have for their lives and their families. They are ready and willing to learn how to achieve that. Premarital education is particularly effective when couples are first starting out. Young people are quick learners and at this stage in their relationship, they don't have years of embedded habits and resentments which need to be counteracted.

The logic of learning effective relationship skills is irrefutable. We send children to school to learn numerous skills and find employment, yet for life's greatest achievement, living successfully with another person and building a home, there is no training. This lack of preparation can lead many to stumble, resulting in troubled marriages that have a significant negative effect on society.

According to Howard J. Markman, premarital education is very effective at counteracting the dynamics of negative communication and mismanaged conflict, because we can help couples improve their communication and improve their conflict management, thereby improving their satisfaction over time and preventing divorce.³

Prof. Howard J. Markman stated that premarital education deals directly with issues of conflict and commitment, as well as helping to protect the positives in relationships that bring people together in the first place.⁴ In point of fact, pre-marriage Education counteracts

² http://blogs.timesofisrael.com/marriage-education-matters/

³ Howard J. Markman is Professor and co-director of the Center for Marital and Family Studies at the University of Denver (Colorado, USA). He is President of PREP, Inc. (Prevention and Relationship Education Program). He served as keynote speakers for both conferences sponsored by Together in Happiness/B'Yachad B'Osher (The First International Conference on Marriage Education in Israel, May 17, 2011 and the Knesset Seminar for Pre-Marriage Education on November 8, 2017 co-hosted in the Knesset with MK Yehudah Glick).

⁴ Ibid, Howard J. Markman

what was cited by couples as the last straw - which included infidelity, domestic violence and loss of that loving feeling.

There is significant positive evidence on the effectiveness of Marriage Education, so the logic of bringing Marriage Education to the forefront of Israeli culture, both as individual units and as citizens is compelling. In addition to reducing divorces and the wear and tear on couples and their children, Marriage Education brings a range of compelling byproducts of increased productivity, happiness and success of our children, as well as for their parents.

What is Marriage Education?

Marriage Education consists of a variety of classroom-based curricula that teach couples the characteristics of a healthy relationship and the communication and conflict management skills that will equip them to achieve this. The goal of Marriage Education is to increase the chances of couples having a happy, healthy, stable and successful relationship and long-term marriage. Numerous studies show this to be a potent means of increasing relationship satisfaction and preventing divorce.⁵

Marriage Education addresses the relationship distress factors that lead to divorce and helps couples protect the positives in their relationship that bring them together in the first place.

Marriage Education helps both spouses have a voice in the relationship, have the skills to find solutions to their problems and increase their capacity for intimacy.⁶

Marriage Education teaches couples alternatives to the negative behaviors which lead to divorce. Instead of being silent, obnoxious or downtrodden, the couple learns to express their needs in ways which are likely to promote cooperative behavior change. They learn that instead of taking on each other's problems, they can understand their partner's thoughts and feelings and help them find a solution. Instead of resenting each other, they problem-solve in ways that meet the needs of both spouses.

Mechanisms:

- Teaching couples communication skills and principles associated with a healthy relationship
- Identifying characteristics of healthy marriages
- Identifying characteristics of unhealthy marriages
- Providing the opportunity to slow down, explore, and talk more about marriage and the couples' personal goals for their marriage
- Individualized assessments of potential relationship flashpoints
- Identification of predictable relationship challenges and skills for dealing with them
- Identification of impact of child rearing on the marital relationship and skills for coping with these challenges
- Providing options for support such as parenting and relationship resources, including couples therapy

⁵ Nock, S., Sanchez, L., & Wright, J. (2008). *Covenant marriage: The movement to reclaim tradition in America*. New Brunswick, NJ: Rutgers University Press; Stanley, S., Amato, P., Johnson, C., & Markman, H. (2006).

⁶ Women: Why Marriage?! Luncheon Plenary, Smart Marriages, Orlando, FL—July 8, 2010, Patty Howell, California Healthy Marriages Coalition.

What is the difference between Marriage Education and Couples Counseling/Therapy?

Therapy

Howard J. Markman stated in his keynote address that the traditional approach for addressing marital distress is couples therapy. However, most couples marry and divorce without seeking or receiving services based on best practices in the couples therapy field. Additionally, even for those couples who receive therapy, it generally occurs after much damage and resentment have built up and must therefore address entrenched problems that have existed in the relationship for many years, and about which each partner has experienced hurt and may be unwilling or unable to change. As a result, therapy cannot be relied upon as an effective resource for couples in danger of divorce.

Pre-Marriage Education

Another option to help improve the health of couples in Israel and preventing divorce is Pre-Marriage Education. The Goals of Pre-Marriage Education are to:

- Increase the chances of couples having a happy, health, stable and successful
 relationship through intervening before marriage by teaching the couples skills and
 principles associated with a healthy relationship.
- Allow couples to slow down, think, and talk more about marriage
- Learn of options in the community if they need help later on including couples therapy, parenting programs and therapy for children, if problems arise in the future.

⁷ Ibid, Howard J. Markman

Differences between Therapy and Marriage Education:8

Therapy	Marriage Education
Couples therapy is delivered to individual couples by licensed professional.	Marriage Education is delivered to groups of people in classroom settings, by a leader trained in a particular curriculum who does not have to be a trained therapist. Program leaders come from a variety of disciples, including lay persons, hence the reach and ease implementation of Marriage Education programs is far greater.
Therapy is a tool generally only utilized by couples who are in distress and is not readily perceived as a means for addressing problems preventively, nor does therapy address marital problems on a societal level.	Marriage Education is a psycho-educational, preventative, public health model.
Couples therapy generally involves talking about personal issues and about the past.	Marriage Education participants are told that it is a class, that they will not be required to talk about personal issues except with their partner and will learn ground rules for talking without fighting and for handling conflict successfully.
Many men are reluctant to seek couples therapy.	Marriage Education is more appealing to men than therapy.

⁸ Ibid, Howard J. Markman

A MODEL FOR EXPANDING NATIONAL IMPACT

Impact on Marriage Perception

Together in Happiness/B'Yachad B'Osher ⁹ is altering the way we perceive marriage. Marriage is a life change on an enormous scale which requires preparedness beyond an intimate conversation with a mother, father, rabbi or kallah teacher. Marriage and its foundations have the ability to strengthen or rock the very core of our society from our collective happiness to our employment productivity. Through efforts at community levels to corporate and governmental echelons, we have an obligation to ourselves and our children to provide tools and techniques to strengthen their chances of a successful marriage.

Since 2011, the Israeli nonprofit Together in Happiness/B'Yachad B'Osher has been spearheading Marriage Education in Israel. The nonprofit, founded by American immigrant Susan Barth to memorialize her parents' 52-year long marriage, has been a pioneer in raising the awareness of the Israeli public of the contributions Marriage Education can make for Israeli society.

Together in Happiness/B'Yachad B'Osher serves as a national clearinghouse for promoting advocacy and programming of Marriage Education initiatives.

The vision of Together in Happiness/B'Yachad B'Osher is to:

- Establish a national movement for Marriage Education in Israel
- Strengthen the foundation of Israeli society through strengthening couple's relationships
- Offer couples the opportunity to participate in marriage communication workshops that given them the tools to improve communication and prevent the escalation of future marital conflict
- Promote healthy, lasting relationships among married couples
- Serve as the umbrella organization for private organizations which will teach Marriage
 Education programs.

Goals

- To raise awareness about the importance of Marriage Education as an important intervention for couples and means for strengthening families and the well-being of communities across the State of Israel
- To advocate for governmental funding for Marriage Education

⁹ Together in Happiness/B'Yachad B'Osher website www.together-in-happiness.com

- To organize educational forums that raise consciousness and interest in Marriage Education
- To increase participation in Marriage Education workshops
- To conduct workshops dedicated to providing crucial skills and techniques in communication and problem-solving for couples.¹⁰

Together in Happiness/B'Yachad B'Osher is dedicated to advancing Marriage Education through the following vehicles:

• Programs/Curricula

- Training of instructors
- Mentoring programs
- Online training
- o Programs based on religious sources
- Measuring Impact: Pre and post-tests on participants; tracking divorce statistics
- Phone coaching for individual couples

Advocacy

- A website which provides up-to-date information about all marital education resources
- Lectures and conferences by celebrities, rabbis, spiritual leaders, international experts on marriage etc.
- Organizing international Marriage Education conference to raise awareness of Marriage Education and ongoing new developments in research and the Marriage Education field and to spur participants to "create action plans" within their own families and lives and to carry the message that advances Marriage Education programming in their respective communities and organizations.

National Level

On the national front, Together in Happiness/B'Yachad B'Osher will seek to ensure that couples desirous of healthy and happy marriages secure the resources they require.

Through informational sessions, we will provide concrete evidence that it is in the governments' and public medical insurance companies' interest to provide legislature, funding and programming for Marriage Education.

- At Knesset Committee meetings, participants will be provided with research materials showing the positive benefits of Marriage Education.
- Public medical insurance companies will be provided informational packets regarding the need for subsidized Marriage Education programs for enrollees.
- A national media campaign will inform couples about this new movement.

¹⁰ https://together-in-happiness.com/workshops/

 National and international conferences will provide leaders with the information and strategy in which to open doors and change minds in the conversation on Marriage Education.

Community Level

Through conversation and publicity, we will educate and engage the public in the importance of developing relationship skills and remove the stigma associated with Marriage Education.

- Educational workshops will be held in homes, in community centers, and in local Batei Knesset.
- Rabbis, Rebbetzins and mentor couples will be offered education forums and workshop training opportunities to offer more intimate workshops to their congregants.

Plan for Capacity-Building

- Recruitment and training of personnel, instructors and board members
- Curriculum building
- Collaboration with stakeholders organizations (Rabbinical involvement will be addressed in an upcoming whitepaper, entitled Rabbinical Involvement and Training for Marriage Education)
- Collaboration with high schools, universities, colleges, synagogues and community agencies to reach target market and make Marriage Education easily accessible
- Partnering with philanthropists, opinion leaders and health care organizations to expand the reach of this work throughout Israel
- Organization of a training staff, who will train facilitators and lecturers
- Additional staffing for Together in Happiness/B'Yachad B'Osher, to work with Susan Barth, who serves as national director. Additional employees will include grantwriter, marketing director, graphic designer, webmaster, customer support team, assistants etc.

Participant Recruitment Methods

- Rabbinates registration offices will supply information to couples registering for marriage
- Rabbis and kallah teachers will encourage couples to participate
- Health clinics will provide information to married patients
- Synagogues, schools and universities will host and promote Marriage Education events

Organizing Marriage Education Workshops for Couples in All Stages of Marriage

Together in Happiness/B'Yachad B'Osher introduced Israel to one of the leading most scientifically researched Marriage Education curriculum known as PREP - Prevention and Relationship Education Program. PREP was created by Dr. Howard J. Markman and his associates at the University of Denver's Center for Marital and Family Studies and has yielded positive, long-term results. (See the results at the end of the Appendix.) PREP teaches couples communication and problem-solving skills found to be linked to effective marital functioning.

Together in Happiness/B'Yachad B'Osher is the exclusive licensee in Israel of the PREP program, and has developed the I-PREP program, tailored to Israeli society. Through I-PREP, B'Yachad B'Osher trains Marriage Education facilitators and runs marriage workshops for couples of all ages and walks of life. This is not therapy, counseling or fixing problems for troubled couples. It is capacity building for normative couples and works to prevent relationships from spiraling out of control.

With a scientifically proven curriculum, compassion and a critically acclaimed technique, couples will leave each class feeling stronger and more in sync. Workshops are led by a trained facilitator in the I-PREP Marriage Education program. Couples receive concrete materials for each lesson allowing them to work hard to implement lessons at home. The program is available in Hebrew and English.

PREP began as a premarital, preventative intervention for couples with the goals of strengthening relationships before marriage and increasing healthy marriages over time and preventing marital distress and instability.

The I-PREP workshop goals are:

- To provide effective tools for marriage communication
- To provide tools to cope with marital conflict
- To sharpen and improve marital communication for couples to invest in listening and understanding each other

PREP is a research-based, psycho-educational model for skill training.

- It is empirically informed
- Empirically tested
- Regularly refined and updated based on new knowledge

The major research-based theoretical foundations of I-PREP and Marriage Education in general are as follows:

- All couples have conflict and disagreements over common issues e.g. money, children, household tasks, intimacy and religion
- It is not issues that cause problems
- It is how the issues are handled
- Fun, support and commitment matter greatly

The PREP and I-PREP curriculums have a number of advantages¹² over other programs:

¹¹ https://together-in-happiness.com/workshops/

¹² https://www.prepinc.com/

- PREP is based throughout on empirical research--both in terms of the derivation of content and in the testing of effectiveness.
- PREP covers a wider range of strategies and techniques across a spectrum of important areas of marital and relationship functioning.
- Recognizing the need to adapt to individual program needs, PREP has developed flexible and adaptable formats.

Hundreds of Israeli couples have benefited from the I-PREP Marriage Education workshops offered since 2011 in English and Hebrew. The workshops have attracted a gamut of engaged couples to couples married over 35 years.

Addressing the Content of a Model Curriculum of Pre-marriage Education

Prepared by Susan Barth, Together in Happiness/B'Yachad B'Osher

The criteria and curriculum provided below are based on I-PREP* and intended as a recommended guideline and basis for government financing of Pre-Marriage Education programs in particular.

Workshop Criteria

The recommended session(s) would be a total of 6 hours - either one 6-hour session or 2 three-hour sessions. Each workshop will teach a maximum of 12 couples.

- Curriculum offered should be scientifically proven, taught with compassion along with a critically acclaimed technique, so that couples will leave each class feeling stronger and more in sync.
- Couples should receive concrete materials for each lesson allowing them to work hard to implement lessons at home.
- Couples materials should be available in Hebrew and English¹³

Curriculum contents

The following is a "generic" list of topics which should as a minimum be included in a Premarriage Education curriculum:

- Enhancing effective communication and problem-solving
- Setting realistic expectations
- Protecting positive connections and commitment
- Preventing destructive conflict

Workshops will include practical exercises which enhance a couple's communication and additional exercises to be practiced at home.

Workshop Leaders

The leader should possess a good related knowledge base for understanding and helping

¹³ https://together-in-happiness.com/workshops/

couples learn skills, including psychologists, social workers, clergy, nurses, lay leaders, etc. Anyone with good people skills, some organizational skills and good presentation (speaking) ability may make a good Marriage Education workshop leader.

The leaders' duties include:

- Teaching the material including: delivery of lessons, direct discussion, and answering questions
- If desired, recruiting training and supervising the coaching staff.
- *The model workshop is based on the modules covered in the PREP curriculum and its research base

Proposed Budget

Based upon the 10-year experience of Together in Happiness/B'Yachad B'Osher and its workshops, the cost per participant will be a minimum of <u>400 NIS and maximum of 600 NIS</u> per session or a total of between <u>800 NIS and 1200 NIS for the two workshops</u> (assuming 4-6 couples for each workshop). These sums assume volunteer facilitators and donations of venue and other in-kind donations.

If these in-kind donations are not available, the total expenses for facilitators, coaches, transportation, advertising and room rental would average around **7600 NIS** for the cost per participant assuming four to six couples for each workshop, totaling two in the aggregate.

ESTIMATED RETURN ON INVESTMENT

Social Capital Valuations, LLC has provided a unique perspective on how Marriage Education programs are not only highly cost-effective, but they deliver a Return on Investment that is many times greater than the costs associated with running them. The organization's specific focus is on monetizing the ROI from Marriage Education and related social programs and this perspective is uniquely valuable.

Social Capital Valuations studied the results for over 5,000 couples in Ohio, Indiana and Texas who participated in marriage strengthening programs. The actual rate of divorce over the five-year period following the Marriage Education intervention was 13.7% lower than the projected rate of divorce. This resulted in a return of \$14.42 in taxpayers' benefit for every dollar invested in the Marriage Education programming.

Benefits of these programs accrued to taxpayers in the form of higher employment rates and higher household income resulting in an incremental \$4,187 in state and federal taxes collected per household per year. About 2/3 of the 685 saved marriages would have resulted in 452 additional single mothers with children requiring public assistance at an average of \$28,750 per year.¹⁴

Divorces also affect the next generation where twenty-seven percent of children with divorced parents had a bachelor's degree or higher, compared to 50 percent of those with married parents. 78% of children from two-parent households graduated from high school, while the graduation rate for children of divorce is 60%. Differences in educational attainment affect the life trajectory of the next generation, lowering lifetime income by \$10,000 per year for high school dropouts, or close to \$500,000 over a lifetime.

From these Social Capital Valuations, we can see that Marriage Education programs in Israel bring the promise of saving State budgets considerable costs and increasing individual and workplace productivity, in addition to all the personal and family benefits that accrue for the individuals involved.

¹⁴ Parental Divorce, Social Capital, and Post Baccalaurate Educational Attainment Among Young Adults by Camron Devor, Susan Stewart and Cassandra Dorius, published March 12, 2018 in the Journal of Family Issues. https://journals.sagepub.com/doi/10.1177/0192513X18760349
¹⁵ In 2009, a research project identified correlations between major changes in family structure and high school completion rates. Researchers encapsulated their findings in "Family Structure Histories and High School Completion: Evidence from a Population-based Registry," published in the Canadian Journal of Sociology.

¹⁶https://www.bls.gov/careeroutlook/2016/data-on-display/education-matters.htm

HIGHLIGHTS OF ADVOCACY AND PROGRAMMATIC INITIATIVES IN ISRAEL

Organization and Sponsorship of International Conferences

Together in Happiness/B'Yachad B'Osher /B'Yachad B'Osher has sponsored and organized two major international conferences on Marriage Education in 2011 in Jerusalem and 2017 in the Knesset.

The First International Marriage Education Conference in Israel

Together in Happiness/B'Yachad B'Osher sponsored the first International Conference for Marriage Education in Israel in May 2011, which brought together 360 professionals and lay people interested in promoting Marriage Education in Israel.

The conference featured as keynote speaker world-renowned Marriage Education expert Professor Howard J. Markman (University of Denver, Colorado).

Professor Markman offered proof of the effectiveness of Marriage Education by citing the results of his own scientifically researched and worldwide acclaimed curriculum known as PREP (Prevention Relationship Education Program).

2nd International "Historic" Knesset Seminar on Pre-Marriage Education¹⁷

On November 8, 2017, the Knesset convened a seminar¹⁸ co-hosted by MK Yehudah Glick and the nonprofit Together in Happiness/B'Yachad B'Osher,¹⁹ wherein for the first time in the nation's history, the concept of integrating Pre-Marriage Education as a formal and potentially legal component of Israeli marriage was discussed at the highest levels.²⁰

¹⁷ https://blogs.timesofisrael.com/a-historic-first-in-the-knesset/

¹⁸ https://www.jpost.com/Israel-News/NGO-asks-Knesset-to-require-couples-to-take-classes-before-getting-married-513749

¹⁹ https://together-in-happiness.com/

²⁰ https://blogs.timesofisrael.com/a-historic-first-in-the-knesset/

The conference featured MKs from across the Israeli political spectrum. Israeli and international experts and Knesset members discussed the impact of family breakdown on our economy, our society and our future. Professor Howard J. Markman once again delivered the keynote address: "Why Pre-marriage Education holds the Key for the Future and is Cost Effective."

The Torah perspective of marriage was presented by Rebbitzin Goldie Plotkin, emissary of the Lubavitcher Rebbe and co-director Chabad of Markham, Ontario.

The Knesset Seminar highlighted compelling reasons for government support for Marriage Education:

- The social and economic benefits which Marriage Education (particularly Premarriage Education) can offer as a potential remedy or addressing the negative effects of divorce
- The negative consequences of divorce and its societal and governmental budgetary implications

MK Yifat Shasha-Biton (Kulanu), chairperson of the Special Committee for the Rights of the Child, described the impact on children who often get lost in the "war between parents" and the long-term effects this has on their future and on Israeli society as a whole. She advocated for marriage and relationship education even in high school, when young people are beginning to explore the world of relationships.

"I am very excited, as chairperson of the of the Special Committee for the Rights of the Child, to suddenly find partners in advocating for good marriages. Not just from a financial standpoint and from the perspective of the couple, but also from the perspective of the child who is growing up in a family where the parents know how to manage family life in a better way, and to deal better with the challenges of modern life."

"Unfortunately, we see that the divorce rate is rising. I mostly deal with children from broken homes where the crisis is great. Generally, when a crisis happens, the focus is on the mother and father and the fights between them, and there are children in the middle who get lost."

SUMMARY

Divorce affects society as a whole. Divorced families experience financial problems and greater health risks. Children are affected emotionally and physically, and instability in the home is a harbinger of difficulties later in life. Increasing divorce rates and their negative impact on Israeli society are not inevitable, however.

Research increasingly shows the value of Marriage Education in equipping couples with the skills they need to form and sustain healthy marriages. Because marriages are the backbone of society, investing in helping couples learn skills that correlate with stable marriages offers considerable value as a preventive approach. An across-the-board program to teach young couples the necessary skills for happy marriages will increase the health of parents and children and have a positive impact on health and well-being in Israeli society.

Together in Happiness/B'Yachad B'Osher has prepared a model of expanding and encouraging Marriage Education so that almost every Israeli couple will participate in a course or workshop before marriage or shortly thereafter. This program requires support from Knesset members, governmental agencies and nonprofit organizations.

APPEAL FOR SUPPORT

If you are excited about this vision of strengthening families and strengthening Israeli society, we welcome your support.

To achieve this vision, it will take the contributions of many, including:

- The voice of government officials to articulate and elevate this work as a national priority;
- Government funding,
- Support from foundations, philanthropies, and individual donors.
- Local leaders opening the doors of their temples, schools, and social agencies to sponsor Marriage Education classes.
- Media support to educate and excite the public about how every person who learns and utilizes these research-based relationship skills in their daily lives is making a contribution to bettering our society.
- Creative thinking;
- Dedicated involvement;

And most of all, it will take all of us working together to create this vision.

B'Yachad B'Osher/Together in Happiness welcomes you to join us in this vision in whatever ways you can contribute. You too can be a part of the birth and evolution of marriage education in Israel.

Contact info for B'Yachad B'Osher/Together in Happiness: Susan Barth, Founder and Director https://together-in-happiness.com/ marriageconf@gmail.com

For more information, see: The Case for Marriage Education